# Carbon Dioxide Fundamentals, Interesting Facts, and Safety – Part 1

The minimum you should know about CO₂ that may save your life and prevent damage to equipment.

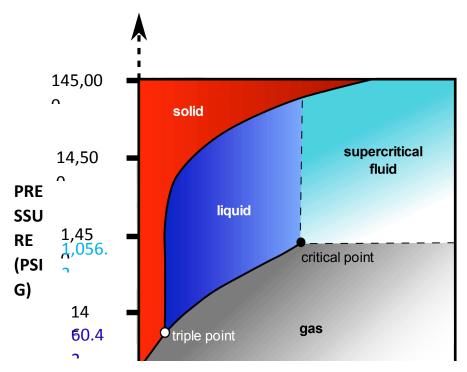
### By Keith Hall

The carbon dioxide ( $CO_2$ ) molecule is composed of one carbon atom covalently bonded to two oxygen atoms. At less than 0.04-percent, carbon dioxide is still the fourth most common gas present in the earth's atmosphere. Natural sources of  $CO_2$  include volcanic outgassing, forest fires, biomass decay, animal respiration, and oceanic evaporation. In its vapor and liquid states  $CO_2$  is colorless with a slightly pungent odor and a biting taste (which you all recognize if you have tasted a fountain drink that was dispensed with no flavoring). In its solid state, dry ice is white.

 $CO_2$  is heavier than air and gathers in low places. To state that  $CO_2$  is <u>not</u> just a simple asphyxiant but is one of the most overlooked of all toxic gases, may be a surprise to many safety professionals. A concentration of 19.5% oxygen is the hazardous condition threshold for oxygen deficiency in most jurisdictions. In the case of  $CO_2$  in a confined space, with an oxygen meter reading of 19.5%, the concentration of  $CO_2$  could be much higher than the generally accepted workplace exposure limit. "The bottom line is that if you wait until the oxygen deficiency alarm is activated, and the deficiency is due to the presence of  $CO_2$ , you will have substantially exceeded the toxic exposure limit. . ." (Robert E. Henderson, <a href="https://ohsonline.com/Articles/2006/07/Carbon-Dioxide-Measures-Up-as-a-Real-Hazard.aspx?m=1&Page=2">https://ohsonline.com/Articles/2006/07/Carbon-Dioxide-Measures-Up-as-a-Real-Hazard.aspx?m=1&Page=2</a>). While low-concentrations are not harmful, higher concentrations can affect respiratory function, cause excitation and depression of the central nervous system.

#### **States of Matter**

There are four natural states in which matter exists: solid, liquid, vapor, and plasma. We are all very familiar with the first three.  $H_2O$  exists as ice, liquid water, and steam. Plasma is typically an ionized gas composing an electrically neutral, conducting medium of positive and negatives atoms or molecules. A fluorescent light employs a plasma gas.



### Figure 1.Phase Diagram of Carbon Dioxide

(Sources: <a href="https://commons.wikimedia.org/wiki/File%3ACarbon dioxide pressure-temperature phase diagram.svg">https://commons.wikimedia.org/wiki/File%3ACarbon dioxide pressure-temperature phase diagram.svg</a> (units changed).

Thermophysical Properties of Carbon Dioxide, Vukalovich and Altunin, 1965)

Other "modern" states of matter include supercritical fluid, excitation, various types of degenerate matter, Bose-Einstein condensate, fermionic condensate, superconductivity, superfluid, supersolid, quantum spin liquid, heavy fermion materials, string-net liquid, dropleton, Jahn-Teller metal, time crystals, Rydberg polaron, Strange matter and quark-fluon plasma. (https://en.m.wikipedia.org/wiki/list of states of matter).

#### **Pressure versus Temperature**

When dealing with  $CO_2$  we should understand how temperature and pressure are directly related (if the pressure increases the temperature also increases, and vice-versa) and how they affect the solid, liquid, gaseous and supercritical states.

 $CO_2$  cannot exist as a liquid at atmospheric pressure; only as a solid (dry ice @ -109°F) or as a vapor. At atmospheric pressure, sublimation occurs as solid dry ice skips the liquid phase and changes directly into vapor (in contrast evaporation occurs when a liquid changes state to a vapor).

With 60.42 psig pressure exerted on it (corresponding temperature is -69.88°F),  $CO_2$  can exist simultaneously as a solid, liquid, or vapor. This singular temperature and pressure condition is known as the "triple point".

As seen on the Pressure-Temperature Equilibrium Curve in Figure 1,  $CO_2$  can only exist as a liquid in the range shown in dark blue above the triple point, between 60.42 psig and 1,056.2 psig and corresponding -69.88°F to 87.8°F. At pressure and temperature conditions shown in red,  $CO_2$  exists as a solid, and as a vapor as shown by the gray area. Above the triple point  $CO_2$  can exist as a solid, liquid, vapor, or super critical fluid, depending upon the pressure-temperature conditions.

Supercritical Fluids (SCF) held below the pressure required to be compressed into a solid do not have distinct liquid or gas phases; they have no surface tension, and no phase boundaries exist. SCFs expand to fill their container like a gas, while having the density of a liquid.  $CO_2$  becomes a supercritical fluid when held at or above its critical point (critical temperature of 87.8°F and critical pressure of 1,056.2 psig) in the area shown in light blue. Supercritical fluids can defuse through solids like a gas, and dissolve materials like a liquid.

A handy pressure versus temperature reference table is included in Figure 2.

Handy CO <sub>2</sub> Pressure vs Temperature Reference Table			
	Pressure	Temperature	
	(psig)	(°F)	
Critical Point	1056.2	87.8	
	350	10.7	
	325	6.4	
	300	1.7	
	291	0	
	275	-3	
	250	-8.4	
	225	-14	
Min Recommended Use	215	-16.4	
	200	-20	
	130	-40	
	103	-50	
Triple Point	60.42	-69.88	
Solid Dry Ice	0	-109.3	
Figure 2			

## How Much CO<sub>2</sub> does our Breathing Add to the Atmosphere?

Each breath we exhale contains about 3.8 percent  $CO_2$ . A sedentary person exhales about 2.3 pounds of  $CO_2$  on average per day. A person who is working or exercising vigorously respires about 8 times more than his couch-potato neighbor. Assuming the population of the earth is 8-billon, a sedentary populace would exhale over 3.3 billion tons of  $CO_2$  in a year! That is approximately 8.5-percent as much as is produced from fossil fuels that are combusted each year!

Are we all adding carbon dioxide in the atmosphere when we breathe? No! The amount of  $CO_2$  we expel from our bodies is equal to the amount of carbon we consume when we eat; minus the carbon that makes up about 18-percent of our body mass. Through the process of photosynthesis, plants turn sunlight, water, minerals, and carbon dioxide from the atmosphere into organic compounds; many of which we love to devour, or which animals that we devour love to eat. (reference: https://slate.com/news-and-politics/2009/08/are-you-heating-the-planet-when-you-breathe.amp)

Take carbon dioxide seriously! Lives have been lost, people hurt, and equipment damaged due to the lack of knowledge of CO<sub>2</sub>, proper training, and not following basic CO<sub>2</sub> safety and proper methods for operating CO<sub>2</sub> equipment.

#### Seven Basic Things to Know About CO<sub>2</sub> That May Save Your Life

Safe Practices & Personal Protective Equipment — Avoid death, injury, and/or equipment
damage by learning about safety and proper equipment operation before working with or
around carbon dioxide. Always follow safe CO₂ practices and follow company and industry safety

precautions. Always wear personal safety protective equipment (PPE) when working around CO<sub>2</sub>. At a minimum, this includes gloves, eye and ear protection, a hard hat, and proper clothing.

- 2. Asphyxiation Carbon dioxide gas can suffocate you! CO<sub>2</sub> is heavier than air and sinks downward. It displaces air by pushing air up and out of its way, and it concentrates in low and confined spaces. Always use safety equipment and follow safety procedures before entering a location where a hazard like CO<sub>2</sub> could exist. Get an entry permit before going into a confined space; and do not depend on measured oxygen content of the air alone because elevated levels of carbon dioxide can be toxic, even when adequate oxygen for life support exists (reference Compressed Gas Association, CGA G-6.7). Air is composed of 21 percent oxygen, 78 percent nitrogen, and one percent argon, CO<sub>2</sub>, helium, other trace gases, and pollution. If an oxygen meter measures a confined space atmosphere to be 19.6 percent oxygen you may think that is safe. But what if the remaining 80.4 percent contains high levels of CO<sub>2</sub> or other hazardous gases? Even with sufficient oxygen, you could be breathing dangerous or lethal amounts of CO<sub>2</sub> and not know it.
- 3. Freeze Burns At atmospheric pressure CO₂ is solid (dry ice) at minus 109°F. At this temperature, contact between exposed skin and dry ice will cause frost bite, resulting in severe tissue damage which will blister, similar to a burn; both are thermal injuries. Contact of exposed skin with cold piping can also result in tissue damage. Always wear gloves and long sleeve shirts when working around CO₂.
- 4. Shotgun and Cannon Ball Effect Liquid CO₂ will flash-freeze into dry ice particles if depressurized below 60.4 psig. These solid particles act like shotgun pellets if vented from a piping circuit or hose. Severe injury can result. The only silver-lining to being shot with dry-ice pellets is that the surgeon patching you back up (if you are still alive), will not have to remove the pellets from your wounds; they will sublime and turn to vapor.

Dry ice particles can also build-up within, and plug-up, a piping circuit or hose. As the upstream temperature warms, so does the upstream line pressure. As the dry ice particles, or plug, warm they expand into  $CO_2$  gas, contributing to an upstream pressure rise. This pent-up high-pressure, upstream of the blockage, may result in the piping or hose exploding like a bomb. Alternately the dry ice plug may eject like a cannon ball when the piping or hose is vented. These dry ice plugs tend to lodge tightly in low places and hose ends. Try to keep low spots out of hoses and take time to carefully drain them at the conclusion of a job. If your job set-up requires low-points, always use a low-line pressure union between two hoses, at the lowest point. The low-line pressure union must be equipped with a safety line relief valve and a pressurized drain vent.

Dry ice plugs tend to form most frequently when you depressurize a line to disconnect after a job. Never permit a line with liquid in it to fall below 215 psig. Never drain a line without using 215 psig minimum gaseous pressure to blow the line clean of liquid. Always wear proper safety PPE and carefully follow standard procedure for venting down a tank or piping circuit. At 215 psig and above liquid  $CO_2$  will never fall below the minimum metal design temperature of the tank and piping circuits.

## It is better to be safe than ride in a hearse!

5. Aim CO<sub>2</sub> Equipment Away from People and Stand Aside — Disconnecting improperly depressurized transfer hoses causes many injuries. Treat hose ends, fill connection openings, vent/drain ports, etc. the same as you would the end of the barrel on a gun. If depressurized incorrectly, dry ice pellets or plugs will form and can be ejected from the piping or hose with lethal force, as described above. Avoid injury and equipment damage from the "shotgun and cannon" effects by never permitting anyone to stand in front of an open hose connection, hose end, valve, or other opening. Such openings should never be directed toward equipment.

Exercise extreme care when attaching or removing a CO<sub>2</sub> transfer hose and keep the cylinder heads of high-pressure pumps aimed away from people. Ensure hoses are properly secured on both ends to avoid whipping of a loose end if the hose were to be accidentally pressurized.

6. Never Permit Pressure on Liquid CO<sub>2</sub> to Drop Below 215 psig — Just like the ill-fated Titanic, carbon steel CO<sub>2</sub> vessels, piping, fittings, and elastomeric hoses embrittle when exposed to cold temperatures. At 200 psig liquid CO<sub>2</sub> is approximately minus 20°F. To avoid potential catastrophe, always maintain the pressure on liquid CO<sub>2</sub> above 215 psig. Should a vessel, line, or hose ever be depressurized below 200 psig the resulting temperature drops below minus 20°F. A corresponding decrease in the temperature of the product results in the system operating below it Minimum Design Metal Temperature (MDMT) and the containment vessel material could fail at or below its Nil Ductility Transition Temperature (NDTT). Carbon steel piping and fittings, and elastomeric hoses rated for standard CO<sub>2</sub> temperatures, become less ductile (embrittle) and fail when stressed at cold temperatures. Stress is caused by internal pressure, but could also result from an impact (i.e., hammering a hose connection), from a bending load on improperly supported piping, from flexing an elastomeric hose when it is cold, and from other situations.

## Rule of thumb to remember - never permit a line with liquid in it to fall below 215 psig.

7. Get CO<sub>2</sub> Equipment Training — Never operate any type of equipment in CO<sub>2</sub> service without first being trained in CO<sub>2</sub> safety. You should understand the basics of CO<sub>2</sub> and feel comfortable with safe and correct operational procedures for any given piece of equipment or CO<sub>2</sub> system. It is recommended that an experienced operator be present, as an instructor, the first few times you operate a new piece of CO<sub>2</sub> equipment.

### **ABOUT THE AUTHOR**

Keith Hall is a member of the gasworld editorial board and Executive Vice-President of Engineering and New Product Development at Premier Cryogenic Services in La Porte (Houston), TX. PCS inspects, repairs, and rehabilitates all types of cryogenic equipment, and is the largest such service provider of liquid hydrogen trailers and ISO containers in North America. PCS also sells and leases rehabilitated equipment. The content herein is limited to the author's experience and may contain errors. You

should never work with  $CO_2$  based solely on this article. Always follow your company's guidelines and never do anything you are not properly trained and prepared for. The views expressed in this article are those of the author and do not necessarily express the views of his employer. Hall can be reached at (281) 849-6540 or keith.hall@premiercryollc.com.

# Carbon Dioxide Fundamentals, Interesting Facts, and Safety – Part 2

The minimum you should know about CO<sub>2</sub> that may save your life and prevent damage to equipment.

Last month in part 1 of this article we discussed the makeup of carbon dioxide  $(CO_2)$  and the four phases or states of matter for  $CO_2$  that we typically deal with (solid, liquid, vapor, and supercritical fluid). On a pressure-temperature phase diagram we learned where these states occur. We learned about the triple and critical points of  $CO_2$ . And we learned some interesting facts about  $CO_2$ . Most importantly, seven basic things to know about  $CO_2$  that may save your life, were laid out. If you missed Part 1, please read it. In this issue we will learn some more fun things about  $CO_2$ , and several basic things to prevent damage to  $CO_2$  equipment.

#### CO<sub>2</sub> Trivia

- At atmospheric pressure, -109°F dry ice sublimes from a solid to a vapor. The vapor is so cold that humidity in the air condenses on it (just like when you see your breath in the wintertime), creating a fog effect. This is sometimes used for special effect in movies and at performances.
- Under tremendous sea pressure a mile deep near the Northern Mariana Islands, a stream of almost 90% liquid CO<sub>2</sub> emerges from the Champagne hydrothermal vent.
- Supercritical CO<sub>2</sub> is used to remove as much as 99% of the caffeine from green coffee beans.
- Supercritical CO<sub>2</sub> is also is used as a solvent in dry cleaning.
- Supercritical CO<sub>2</sub> is used in more applications than the supercritical phase of any other substance.
- CO<sub>2</sub> is used for fighting fires in some applications. It cools while denying the fire of oxygen.
- The oceans are giant CO<sub>2</sub> reservoirs. The oceans contain around 38,000-billion tons of carbon. This is 16 times more that is stored in the air or land.

## Nine Basic Things to Prevent Damage to Equipment

In addition to the safety procedures outlined in Part 1 of this article, below are ways to prevent damage to expensive equipment and avoid downtime. These also help prevent injuries.

1. Inspect Equipment — All equipment should be in good repair and free of defects. Before beginning any job or using any piece of CO<sub>2</sub> equipment, visually, carefully inspect all equipment involved in each operation. Look for cleanliness, cracks, wear, damage, or other signs of potential failure. Note that hoses wear and degrade over time. One typical location where hoses often fail is at either end near the connections. Degradation occurs from the weight of a sagging hose when connected and not properly supported. For safety and to extend the life of your hoses, only buy hoses with 18-inch armor cuffs on each end which serve as strain-reliefs.

Make sure Compressed Gas Association (CGA) guidelines are observed for the construction materials for CO<sub>2</sub> hoses, including temperature and pressure ratings, tags/markings, outer-skin

perforations, and usage age.

- 2. Practice Preventive Maintenance Cracks may develop in metallic components in the threads. Use standard QC inspection processes and tools, i.e., magnetic particle, ultrasonic, X-ray, and other inspection techniques as necessary, or required by preventive maintenance schedules and procedures, to ensure that all equipment is in good condition. Verify that all preventive maintenance tasks have been performed before operating any equipment involved in CO<sub>2</sub> service. Also, verify that oil, coolant levels, etc., in equipment are at their safe operating levels.
- 3. Get CO2 Equipment Training Never operate any type of equipment in CO<sub>2</sub> service without first being trained in CO<sub>2</sub> safety. You should understand the basics of CO<sub>2</sub> and feel comfortable with safe and correct operational procedures for any given piece of equipment or CO<sub>2</sub> system. It is recommended that an experienced operator be present, as an instructor, the first few times you operate a new piece of CO<sub>2</sub> equipment.

Take carbon dioxide seriously! Lives have been lost, people hurt, and equipment damaged due to the lack of knowledge of  $CO_2$ , proper training, and not following basic  $CO_2$  safety and proper methods for operating  $CO_2$  equipment.

- 4. Locate Equipment Carefully It is important to treat the location of equipment almost as carefully as the people who operate it. Hose-ends, fill connection openings, vent/ drain ports, etc. can rupture and be explosive; make sure they are not directed at equipment. The venting of cold liquid onto an adjacent piece of equipment could cause embrittlement, damage, or component failure. Improperly depressurized CO<sub>2</sub> vessels, lines, components, or equipment could cause the formation of dry ice pellets or a dry ice plug. These pellets or plugs, as discussed previously, can be ejected like a cannon, damaging any equipment located in front of the opening. Avoid equipment layouts with low-points in piping or hoses where dry ice plugs may tend to form when the circuit is depressurized.
- 5. Stake Down/Secure Stake down and secure high-pressure discharge lines and hoses before pressurizing. Make sure hoses are properly connected before pressurizing. Make sure drain/vent valves are closed before you pressurize. Failure to do so could result in a hose, secured only at one end, whipping dangerously around.

### It is better to correct an unsafe friend that to bury one!

- 6. Never Permit the Pressure on CO<sub>2</sub> Liquid to Drop Below 215 psig Carbon steel CO<sub>2</sub> vessels, pumps, piping, and fittings embrittle when exposed to cold temperatures. At 200 psig, liquid CO<sub>2</sub> is approximately minus 20°F. To avoid potential catastrophe, always maintain the pressure on liquid CO<sub>2</sub> above 215 psig.
  - Some CO<sub>2</sub> vessels are constructed from stainless steel alloys rated for cryogenic service temperatures, i.e. beverage carbonation liquid cylinders. However, the vast majority of CO<sub>2</sub> vessels are made from special carbon steel alloys and are only rated to the minus 20 to minus

50°F range (see Figure 1). As the temperature and pressure of CO<sub>2</sub> are directly related, the lower the pressure, the lower the temperature of the liquid CO<sub>2</sub>, hence the lower required design temperature rating of its vessel of containment (see Figure 2). When using vessels rated for use at lower than minus 20°F, it is important to be aware that downstream carbon steel piping, fittings, hoses, and connections used in adjacent systems may not be rated to operate in that temperature range and will embrittle and fail dangerously.

Common CO₂ Vessel Alloys			
Alloy	Minimium Design Metal Temperature (°F)		
SA516-70N	-20		
A612-N	-20		
SA517-B	-40 to -50*		
SA517-E	-50		
*Often Charpy Impact tested to -50			
Figure 1			

- 7. Hammer Carefully As carbon steel fittings embrittle when cold, hammer carefully on cold pipe connections, low-line unions, etc. Always wear eye protection as pieces may chip away and hit you.
- 8. Properly Pressure Drain and Depressurize Hoses, Piping Circuits, and Storage Vessels Carefully follow drain and blowdown procedures to avoid the formation of dry ice pellets or a plug. Be aware of low points in the piping or hoses where dry ice plugs may tend to form. Immediately use vapor pressure to drain any line that becomes isolated when a valve is closed. Gaseous CO<sub>2</sub> under pressure no less than 215 psig must be used to blow the liquid from lines, hoses, equipment, and piping circuits. Simply opening a vent/drain valve to drain a line will cause solid dry ice to quickly form within the line, often plugging it, and creating a dangerous situation. If gaseous CO<sub>2</sub> pressure is not available, the line should be vented little by little as the liquid boils off as it warms. Carefully monitor a pressure gauge to ensure that the line pressure stays well above 215 psig until all liquid has boiled off.

Always ensure that a safety relief valve, properly rated for pressure and flow rate, is installed on every line where liquid could be trapped.

A temperature versus pressure table for CO2 from Part 1 of this article is included here again as a handy reference tool.

Handy CO <sub>2</sub> Pressure vs Temperature Reference Table			
	Pressure	Temperature	
	(psig)	(°F)	
Critical Point	1056.2	87.8	
	350	10.7	
	325	6.4	
	300	1.7	
	291	0	
	275	-3	
	250	-8.4	
	225	-14	
Min Recommended Use	215	-16.4	
	200	-20	
	130	-40	
	103	-50	
Triple Point	60.42	-69.88	
Solid Dry Ice	0	-109.3	
Figure 2			

9. Do Not Overfill —When liquid CO<sub>2</sub> is stored in a vessel and no product is withdrawn, heat from the environment leaking into the liquid will cause the temperature and pressure of the CO<sub>2</sub> to rise. Like other materials that expand when heated, liquid CO<sub>2</sub> expands in volume, occupying more space in the storage vessel. For this reason the "full" level in a tank takes into consideration the expansion volume of the liquid; it assures that there is sufficient vapor space in the top of the vessel to contain the expanded liquid without the pressure relief device opening to discharge liquid instead of vapor. Overfilling the vessel could cause hydrostatic overpressurization of the vessel and result in a catastrophic rupture. The potential also exists for dry ice formation and plugging of the relief devices, which could also result in catastrophic rupture of the containment vessel.

CO<sub>2</sub> Witch's brew for Halloween





[photo – choose one of the two captions below based on the photo you choose]

As their father Adam looks on, trick-or-treaters Cat girl Abbey and Godzilla Alex are wowed by the white water vapor that forms as heavier than air, cold gaseous CO<sub>2</sub> tumbles out of the cooler and sinks downward as the witch's brew (homemade root beer) bubbles and percolates. Dry ice is used to carbonate the root beer and make it deliciously cold! ©Keith Hall 2020

Trick-or-treaters Cat girl Abbey and Godzilla Alex are wowed by the white water vapor that forms as heavier than air, cold gaseous CO<sub>2</sub> tumbles out of the cooler and sinks downward as the witch's brew (homemade root beer) bubbles and percolates. Dry ice (-109°F) is used to carbonate the root beer and make it deliciously cold! ©Keith Hall 2020

### **Recipe for Homemade Dry Ice Root Beer**

- Fill a 5-gallon insulated water cooler with tap water
- Use a long-handled spoon to stir in and dissolve 5 pounds of sugar
- Stir in one bottle of root beer concentrate (be sure the bottle makes 5 gallons as there is some root beer concentrate available that makes root beer by the cupful).

Root beer concentrate is sold in some large supermarkets and can be found near the vanilla. You can also order it on-line. McCormick Root Beer Concentrate in 2-ounce bottles is what I use.

- Bust 10 pounds of dry ice into small chunks (double bag, wear safety glasses, and hit with a hammer).
- Use clean gloves to avoid freeze burns, and add a few chucks of dry ice every few minutes.
- The dry ice sublimes and makes the root beer bubble with vapor like witch's brew until it is good and cold and carbonated after about 45-minutes. It is especially delicious when root beer slush forms on the surface. If you get in a hurry to taste the root beer, it will still taste good but be flat until properly carbonated.

Warning - never hold dry ice bare-handed. Never swallow even a small piece of dry ice!

#### **ABOUT THE AUTHOR**

Keith Hall is a member of the gasworld editorial board and Executive Vice-President of Engineering and New Product Development at Premier Cryogenic Services in La Porte (Houston), TX. PCS inspects, repairs, and rehabilitates all types of cryogenic equipment, and is the largest such service provider of liquid hydrogen trailers and ISO containers in North America. PCS also sells and leases rehabilitated equipment. The content herein is limited to the author's experience and may contain errors. You should never work with CO<sub>2</sub> based solely on this article. Always follow your company's guidelines and never do anything you are not properly trained and prepared for. The views expressed in this article are those of the author and do not necessarily express the views of his employer. Hall can be reached at (281) 849-6540 or keith.hall@premiercryollc.com.